

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				
Potato wedges with dips, Taziki, Cheese and chive, cheese and peppers cucumbers and tomatoes	Selection of sandwiches tuna cheese, ham Served with pepper sticks carrot batons tomatoes and cucumbers	Part baked rolls Egg mayo, cream cheese ham and cheese with carrot battens, tomatoes	Muffin pizzas cheese with Pepper sticks, cucumber sticks	Crackers, rice cakes, hummus ham, carrot cucumber pepper sticks
Tinned fruit peaches pineapple pears and yogurt	Melon and grapes	Yogurt and fresh tropical fruit (mango, kiwi, strawberries)	Oat cookie	Yogurt and fresh fruit

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Week 2				
Tuna and cheese melts or cheese melts tomatoes, Cucumber, pepper sticks	Pitta pockets with egg mayo, ham or cheese with cucumber and tomatoes	Pasta pesto or plain pasta with peas, sweetcorn and carrot batons	Crumpets with cream cheese hummus, carrot sticks, cucumber and tomatoes	Pin wheel wraps with ham or cheese Grated Carrot, pepper, cucumber sticks
Natural plain yogurt and frozen berries	Fruit kebabs Strawberries, green grapes, cantaloupe melon	Carrot cake	Honeydew Melon and Red grapes	Fresh fruit salad Water melon, kiwi and plums

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Week 3				
Tortilla triangles baked served with a selection of dips. Taziki, Cheese and chive, hummus. Cheese and ham with peppers tomatoes and cucumber	Pasta salad with chopped veg and mozzarella Peas, sweetcorn, peppers, tomatoes and cucumber	Pitta strips, with red pepper and plain hummus. Cucumber sticks tomatoes grated carrots. Left over cream cheese and dips	Jacket potatoes with tuna mayo and or cheese served with sweetcorn and carrots	Baked beans on bagels with pepper, cucumber sticks
Tinned fruit Pineapple, pears and peaches	Blueberry muffins	Natural yogurt and frozen mango and raspberries	Fresh fruit and yogurt Grapes and melon or Strawberry yog.	Custard and bananas